



Trauma-Informed Resources and Traditional Services

Northern Region

ONWA Site:

Timmins

ONWA Chapter:

Cochrane: Mamowedow Local

ONWA Local:

Cochrane: Taykwa Tagamou Nation

Constance Lake – Constance Lake Oji-Cree Anishnabequek

Kapuskasing – Kapuskasing Native Women's Group

Moosonee – Moosonee Native Women's Association

Timmins – Timmins Anishnabequek

www.onwa.ca

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Head Office: 150 City Road • P.O. Box15-684 City Road • Fort William First Nation, ON P7J1J7 •
Toll Free: 1-800-667-0816 • Phone: (807) 577-1492 • Fax: (807) 623-1104



NORTH

<u>Agency</u>	<u>Region Locations</u>	<u>Description of Agency Service</u>	<u>Contact Info</u>
Augello & Associates Counselling and Psychotherapy	Timmins	<p>Counselling and psychotherapy are provided within individual, couple, or family sessions. Services are intended for adults, youth and children.</p> <ul style="list-style-type: none"> • Emotional, psychological, behavioral, or developmental problems • Psychiatric disorders, addictions, eating disorders • Complex trauma, such as past abuse or motor vehicle accidents • Stress or crisis management, grief, bereavement and life transitions • Parenting related concerns • Work related difficulties • Family trauma and loss 	<p>119 Pine Street South Suite 7 Lower Concourse Timmins, Ontario P4N 1K4 Phone: (705) 268-8962 Fax: (705) 268-8963 http://www.augelloandassociates.com/</p>
Canadian Mental Health Association	Timmins Kirkland Lake Englehart Temiskaming Shores	<p>The Canadian Mental Health Association (CMHA) Cochrane-Timiskaming Branch is part of Canada's longest standing mental health organizations. CMHA-CT is a non-profit charitable organization offering community mental health services to individuals living with mental illness to support them in living fulfilling lives. CMHA-CT also creates awareness and understanding of mental illness in our communities through advocacy, education and campaigns. The Canadian Mental Health Association Cochrane-Timiskaming Branch believes recovery is a unique, ongoing journey. It is living a meaningful life to the fullest. Programs and services include the following:</p> <ul style="list-style-type: none"> • Addiction services • Assertive Community Treatment Team (ACTT) • Behavioural Support Ontario • Case Management • Child Witness Protection • Community Outreach Program • Concurrent Disorders • Consumer Survivor • Developmental Disabilities Service • Early Intervention Psychosis • Group and Public Education • Housing Services 	<p>330 Second Avenue Suite 201 Timmins, ON, P4N 8A4 Phone: (705) 267-8100</p> <p>5 Kirkland Street, West Kirkland Lake, ON, P2N 1N9 Phone: (705) 567-9596 Fax: (705) 567-5211</p> <p>63 5th Street Englehart, ON, P0J 1H0 Phone: (705) 544-1971 Fax: (705) 544-2117</p> <p>20 May Street South, Box 249 New Liskeard, ON, P0J 1P0 Phone: (705) 647-4444 Fax (705) 647-4434</p>



<u>Agency</u>	<u>Region Locations</u>	<u>Description of Agency Service</u>	<u>Contact Info</u>
		<ul style="list-style-type: none"> • Justice Support Services • Primary Care • Seniors Mental Health Program • Social Recreation • Tranquility House Women’s Shelter • Transitional Housing Program • Violence Against Women Program 	http://cmhact.ca/
Carizon Family & Community Services	Kitchener St.Agatha Cambridge	<p>Carizon provides a comprehensive and integrated approach to the delivery of community services in the area of children’s mental health, youth engagement and development, family violence, individual and family counselling, credit counselling, settlement supports and collective wellness.</p> <p>Counselling services include:</p> <ul style="list-style-type: none"> • Individual, couple & family • Group programs • Refugees and newcomers • Abuse and assault • Family violence project • Credit counselling • Children’s counselling • Counselling collaborative • Trauma counselling - Individuals who have been traumatized may experience depression, anxiety, withdrawal, difficulty eating and sleeping, emotional upset and behavioural changes. Carizon provides trauma treatment in the form of individual counselling for a full range of traumatic experiences. We also offer psycho-educational and therapy groups for women who have experienced childhood sexual abuse or abuse in relationships and for clients suffering from anxiety and depression. Our “Coping With Tough Times” group uses a Mindfulness approach to teach new coping skills for people struggling with the effects of trauma. The Promise of Partnership program provides psycho-educational groups for refugee clients and we have counsellors who offer trauma counselling in a variety of languages. 	<p>400 Queen Street South Kitchener, ON Canada N2G 1W7 Head Office: (519)743-5437 Fax: (519)743-3496 Email: info@carizon.ca www.carizon.ca</p>
Counselling Services/Counselling de	Kapusking	The Hearst, Kapuskasing and Smooth Rock Falls Counselling Services is a francophone community organization that aims towards maintaining, improving and enhancing the variety of its mental health	29 Byng Ave. Suite 1 Kapusking, Ontario



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<p>Services</p>		<p>programs and intervention programs for victims of violence and critical incidents. It offers holistic, coordinated, seamless and integrated services in both official languages in view of improving quality of life and answering the needs of communities it serves.</p> <p>Psychotherapy/Counselling Services: This service offers assessment and psychotherapy / counselling services to persons affected by functional difficulties mostly situational in nature and/or other mental health problems.</p> <p>Services offered:</p> <ul style="list-style-type: none"> • Pre-assessment, prioritization and service coordination • Crisis intervention • Individual, couple and group counselling/psychotherapy (ex. post-traumatic stress, depression, anxiety, grief/loss, etc) • Defusing/debriefing community sessions to reduce the risk of post-traumatic stress after a critical incident <p>Crisis Intervention: This service offers individuals in a psychosocial / psychiatric crisis situation with a timely access to assessment and psycho-bio-social crisis intervention services aimed at taking care of a situation / person, the stabilization and reduction of symptoms, and the recovery of the individual's internal stability.</p> <p>Services offered:</p> <ul style="list-style-type: none"> • Assessment, prioritization, completion of an intervention plan, counselling and coordination services • Support, information and coordination services such as referral to community organizations/resources according to needs • Follow-up after crisis intervention: intervention/counselling sessions, according to the intervention plan <p>Community Outreach and Transition Support Service: This service is aimed at helping women who have decided to leave a violent relationship and to rebuild their lives alone or with their children. The community counsellor offers support and an accompaniment service to clients at all stages to help them settle into a life without violence.</p> <p>Services offered:</p> <ul style="list-style-type: none"> • Short-term support counselling • Telephone support 	<p>P5N 1W6 Phone: (705) 335-8468</p> <p>http://counsellinghks.ca/index.cfm?Repertoire_No=2137987571&Voir=corporatif</p>



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		<ul style="list-style-type: none"> • Visits at the home or outside the home • Assistance with procedures relating to legal and financial assistance, job seeking and apartment hunting, etc. • Accompaniment to hospital, to a lawyer and to court • Assistance with a personal safety plan • Assistance in directing the person to various community services according to her needs • Community awareness and education <p>Child Witness Service: This service is aimed at minimizing the impact of family violence on a child. It offers a place where children can meet and realize that they are not alone and that they are not responsible for the violence that they have witnessed. Children's groups are offered simultaneously with mothers' groups for a period of 90 minutes per meeting and last from 10 to 12 weeks</p> <p>Services offered:</p> <ul style="list-style-type: none"> • Learn to protect themselves during violent situations; establish a safety plan • Education about violence against women • Sharing information and resources for mothers • Assistance with transportation and childcare <p>Family Violence Intervention Service: The Family Violence Intervention Service is voluntary and non-residential. It is designed to offer counselling to women who presently live, or who have lived in violent relationships.</p> <p>Service offered:</p> <ul style="list-style-type: none"> • Individual counselling to treat issues specific to violence as well as lifestyle, emotions and living in a relationship • Group counselling (Pattern Changing, and others) • Orientation towards other community services • Community awareness and education • Assistance with a personal safety plan • Assistance with an application to the Criminal Injuries Compensation Board (CICB) 	
Ininew Friendship Centre	Cochrane	The Ininew Friendship Centre was incorporated on November 19, 1974 and became a member of the Ontario Federation of Indigenous Friendship Centres (OFIFC) in 1975. The surrounding communities that the Ininew Friendship Centre serves upon request are: Kashechewan, Fort Albany, Attawapiskat, Peawanuk, Fort Severn, Smooth Rock Falls, Kapuskasing, Hearst, Constance Lake, Hornepayne, Timmins,	190 3 rd Ave Cochrane, ON Phone: (705) 272-4497



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		<p>Foleyet, Chapleau, Iroquois Falls, Montieth, Matheson, Kirkland Lake and Haileybury.</p> <p>The Ininew Friendship Centre's objectives are to develop, expand, and preserve Aboriginal cultural identity through the institution of education and socially oriented programs for all people of Aboriginal ancestry. We provide informational, communication and interpretive services to resident and transient people of Aboriginal ancestry in the areas of legal-aid, medical appointments, and accommodation. The Ininew Friendship Centre provides a meeting place and setting in which people of Aboriginal ancestry may freely interact and socialize. We also organize and supervise recreational activities for the young people affiliated with the Centre.</p> <p>Programs & Services:</p> <ul style="list-style-type: none"> • Aboriginal Combined Courtwork Program • Aboriginal Healthy Babies Healthy Children Program • Akwe:go: Urban Aboriginal Children's Program • Apatisiwin • Children's Mental Health Project • Cultural Connections for Aboriginal Youth • Healing and Wellness Program • Health Outreach Program • Homelessness Partnering Strategy • Kizhaay Anishnaabe Niin • Life Long Care Program • Urban Aboriginal Healthy Living Program • Wasa-Nabin: Urban Aboriginal Youth Program 	<p>http://www.ininewfriendshipcentre.ca/mainentry.htm</p>
<p>Kapuskasing Indian Friendship Centre</p>	<p>Kapuskasing</p>	<p>The Kapuskasing Indian Friendship Centre (KIFC) was incorporated August 19, 1985, and became a member of the Ontario Federation of Indigenous Friendship Centres on October 19, 1985. The Friendship Centre was established so that the whole community could get involved in Aboriginal activities. Although the Friendship Centre did not have a building, activities were carried out at the Civic Centre, Anglican Parish Church, Town Hall auditorium and private homes. The Centre acquired a building in January 1988.</p> <p>Programs & Services:</p> <ul style="list-style-type: none"> • Akwe:go: Urban Aboriginal Children's Program 	<p>41 Murdock Street Kapuskasing, ON P5N 1H9 Phone: (705) 337-1935 Fax: (705) 335-6789</p>



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		<ul style="list-style-type: none"> • Cultural Connections for Aboriginal Youth • Healing and Wellness Program • Urban Aboriginal Healthy Living Program • Wasa-Nabin: Urban Aboriginal Youth Program 	
Kunuwanimano Child and Family Services	Timmins	To provide individual or group counselling both individually or in groups for children, youth and adults; provide community presentations, self-help groups, parenting and other support programs; provide referral services to local and outside service providers including treatment and healing centers, co-dependency programs, physical and sexual abuse programs and other agencies that provide mental health services such as assessment, diagnosis and treatment of mental and mood disorders; provide follow up services such as after care counselling post treatment programming; provide referral services for local children's aid societies as a means of assisting with plan of care requests.	38 Pine St. North Unit 120 Timmins, ON P4N 6K6 Phone: (705) 268-9033 http://kunuwanimano.com/index.htm
Metis Nation of Ontario	Timmins Cochrane	<p><i>Healing & Wellness</i></p> <p>The goal of the Aboriginal Health and Wellness Strategy (AHWS) is to improve the health of Aboriginal individuals, families, communities and nations. This will be realized by reduced family violence through equitable access to health care, Aboriginal specific health care facilities, improved standards of care, the provision of culturally appropriate health services, and the promotion of a healthy environment. A traditional and culturally appropriate approach to healing and wellness for all Aboriginal peoples of Ontario will ensure access for all to the type of health care and services most other Ontarians take for granted. The two main components of the Strategy are "healing" and "wellness". These evolved from the need to address the issues of family violence in Aboriginal communities and to create a province wide, Aboriginal-specific health policy.</p>	347 Spruce Street South Timmins, ON P4N 2N2 Phone: (705) 264-3939 169 6th Street Cochrane, ON P0L 1C0 Phone: (705) 272-2277 http://www.metisnation.org
Minto Counselling Centre	Cochrane	Committed to provide access to a wide range of mental health services to clients 16 years of age and over to help them gain or maintain a sense of well-being, independence and quality of life. Offers a variety of programs and services to those experiencing mental health concerns and to their family members and approach is client-centered. Indigenous Mental Health Services are available for aboriginal and metis people 16 years of age and over who are facing mental health issues. The program aims at providing services that are culturally safe for the	233 8 th Street Cochrane, Ontario P0L 1C0 Phone: (705) 272-4245 http://www.mintocounsellingcentre.or



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		<p>indigenous clients. Holistic approach promotes spiritual, emotional, mental and physical well-being. The First Nations, Metis and Inuit Mental Health Counsellor (FNMI Counsellor) will integrate contemporary interventions with a traditional cultural healing approach. Service options that respect your values and beliefs will be provided to you.</p> <p>The FNMI Counsellor can offer assistance in the following areas:</p> <ul style="list-style-type: none"> • Assessment • Supportive Counselling • Referral to health and community resources, including cultural/traditional healing resources • Advocacy • Help to understand and navigate the health care system 	<p>g/start_eng.html</p>
<p>Misiway Milopemahtesewin Community Health Centre</p>	<p>Timmins</p>	<p>The Misiway Milopemahtesewin Community Health Centre was established to provide quality programs and services that honour, respect and support Aboriginal culture, values and healing practices, complimented by western approaches to primary health care. Through education, promotion and service delivery, the Misiway Milopemahtesewin Community Health Centre encourages individuals, families, and communities to:</p> <ul style="list-style-type: none"> •Integrate and balance their physical, mental, emotional, and spiritual needs. •Become aware of lifestyle choices that impede and/or enhance her/his state of health and wellness. •Increase awareness and participation in determining her/his own health and wellness choices, decisions and healing strategies. •Establish respectful and collaborative relationships with health care providers and other external resources. •Encourage the involvement of family members and significant others as part of the health team. •Adopt a pro-active approach and self-empowerment/self-help model. 	<p>130 Wilson Avenue Timmins, ON, P4N 2S9 Phone: (705) 264-2200 Fax: (705) 264-2243</p> <p>http://www.misiway.ca/</p>
<p>Mocreebec Council of the Cree Nation-Suicide Prevention Program</p>	<p>Moose Factory</p>	<p>NAN Suicide Prevention Programs focus on the strength of family values and spirituality to help combat the high rate of youth suicide in the NAN Territory.</p> <p>Objectives: to provide health and social services by using a holistic approach to guide their interaction and provision of services for the collective benefit of Mo-Creebec. They use Cree traditions of freedom and sharing, responsibility to oneself, ones family and to the community as a whole. They promote awareness, empowerment and healing of their membership.</p> <p>Key Components:</p>	<p>PO Box 4 Moose Factory, Ontario P0L 1W0 Phone: (705) 658-4769 Fax: (705) 658-4487 Email: George.small@mocreebec.com</p>



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		<p>The Crisis Intervention Worker, Health Director and Health services offer support, prevention, intervention and training for frontline workers. They identify the needs of their Elders, youth and other community members.</p> <p>The Elders offer support in times of crisis. The Elders come every morning for breakfast and the youth come and sit with them to talk about anything.</p> <p>They have recreational activities for the youth such as baseball, basketball and dances as well as traditional cultural components such as fishing and other outdoor activities.</p>	
Moose Cree Healing Centre	Moose Factory	<p>Operates an out-patient program for individuals with drug and alcohol addictions.</p> <p>Provides the following services:</p> <ul style="list-style-type: none"> • 24-hour crisis line • Alcohol and drug counselling for individuals, families and small groups • Out-patient treatment such as weekly follow-up with Centre • Referrals to other programs and treatment centres • Education about addictions 	<p>2 Amisk Street Moose Factory, Ontario POL 1W0 Phone: (705) 658-4674</p>
North Eastern Ontario Family and Children's Services (NEOFACS)	<p>Timmins Cochrane Englehart Hearst Iroquois Falls Kapusking New Liskeard Smooth Rock Falls</p>	<p>NEOFACS offers a number of programs and services for children, youth and families experiencing mental health difficulties, crisis situations, family breakdowns, or complex and/or special needs. Autism Spectrum disorders are also supported through specific programs. Specifically, resources, such as case management, intervention, or Psychiatric and/or Psychological services are offered. A comprehensive assessment directs treatment options. The length and types of services offered depends on the nature of the presenting issues.</p> <p>Services may include:</p> <ul style="list-style-type: none"> • Counselling and Therapy Services • Intensive Service Coordination • Crisis Support Services • Family Preservation Program • Autism Resource Program (ARP) • Residential Programs • Psychiatry and Psychological Services • Ontario Autism Program <p>Children, youth and their families who are experiencing mental health difficulties may benefit from the</p>	<p>707 Ross Avenue East Timmins, ON P4N 8R1 Head Office: (705)-360-7100 Fax: (705)-360-7200</p> <p>http://www.neofacs.org/</p>



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		<p>broad range of services offered through these programs. Professionals assist families in identifying and addressing their child/youth's behavioral, social and/or emotional issues. Psychological assessments may be requested and performed as an appropriate form on intervention. Children and/or youth referred to these programs must be under the age of eighteen (18) and reside within the Districts of Cochrane or Timiskaming. Referral can be made by telephone, mail or in person. Participation in services is voluntary and consent is required.</p> <p>Services provided include:</p> <ul style="list-style-type: none"> • Individual and Family Assessment and Intervention • Brief Service (Consultation) • Group Intervention • Parent Education and Training • School and Community Based Mental Health Consultation 	
Timmins and Area Women in Crisis	Timmins	<p>Services provided:</p> <ul style="list-style-type: none"> • 24-hour crisis line • Family court support program • Sexual assault centre • H.E.R. Place Women's Shelter • Transitional housing support program • Aboriginal programming - shelter employs an Aboriginal Program Coordinator. Her role is to provide culturally appropriate activities and teachings to women who wish to access her services as well as help to connect you with local Aboriginal resources during your stay. Our shelter space includes a Healing Room which is used for various activities including; smudging, healing circles, teaching circles, sharing circles, etc. 	<p>Phone: (705) 268-8381</p> <p>http://www.tawc.ca/index.php/index.php</p>
Timmins Consumer Survivor Network (TCSN)	Timmins	<p>Provides peer support and mutual aid in English and French for those experiencing mental health difficulties or having family members affected by mental health difficulties. Priority is given to severe mental illness. Accepts consumers who are addicts.</p>	<p>102-330 Second Ave Timmins, ON P4N 8A4 Phone: (705) 268-3220</p>



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Timmins Family Counselling Centre	Timmins	TFCC offers a wide range of services supported by various Ontario Ministries including: individual therapy for women healing from domestic violence; individual therapy and support services for individuals who have experienced sexual violence, sexual abuse or sexual assault; both recent or historical. As well as court initiatives such as the enhanced counselling program; partner assault response (PAR) program; partner intervention program (PIP); and direct accountability program.	60 Wilson Ave., Suite 310 Timmins, ON P4N 2S7 Phone: (705) 267-7333 https://www.timminsfamilycounselling.com/
Timmins Native Friendship Centre	Timmins	<p>The Timmins Native Friendship Centre (TNFC) began operations in 1974, incorporated on February 24, 1976, and became a member of the Ontario Federation of Indian Friendship Centres (OFIFC) on October 30, 1982. It was generally felt by the founders of the Friendship Centre that students coming into the city from surrounding coastal communities to attend secondary and post-secondary schools, be provided with a positive environment, which would reflect their academic performance in a positive way.</p> <p>The Friendship Centre guarantees a minimum of 50 hours a week of services with an open door policy to activities of cross-cultural significance. Through careful program selections and design, the centre develops and promotes the preservation of Aboriginal culture and tradition. The centre is open to all Aboriginal and non-aboriginal people (Status, Non-status, Métis and Inuit).</p> <p>Timmins Native Friendship Centre Programs:</p> <ul style="list-style-type: none"> • Aboriginal Alternative Secondary School Program (AASSP) • Aboriginal Courtworker Program (ACP) • Aboriginal Alcohol and Drug Worker Program (AADWP) • Aboriginal Family Support and Wellness Program (AFSWP) • Aboriginal Healing and Wellness Strategy Program (AHWSP) • Aboriginal Healthy Babies Healthy Children Program (AHBHC) • Aboriginal Prenatal Nutrition Program (APNP) • Academic and Career Entrance Program (ACE) • Adult Native Literacy & Basic Skills Program (LBS) • Akwe: Go Program (AKWE:GO) • Apatisiwin - Employment And Training (Apatisiwin) 	179 Kirby Avenue Timmins, ON P4N 1K1 Phone: (705) 268-6262 Fax: (705) 268-6266 Toll Free number 1-844-200-2686 http://www.tnfc.ca/index.html



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		<ul style="list-style-type: none"> • Community Career Developer (CCD) • Cultural Resource Program • Fetal Alcohol Spectrum Disorder and Nutrition Program (FASD) • Indigenous Children's Wellness Program (ICWP) • Kizhaay Anishinabee Niin Program • Life Long Care Program (LLCP) • Oppekehawaso Wekamik (Daycare) • Urban Aboriginal Healthy Lifestyles Program (UAHLP) • Urban Aboriginal Healthy Living Program - Healthy Kids (HK) • Wasa-Nabin Youth Program (Wasa-Nabin) 																									
Timmins Victims Services	Timmins	<p>Timmins and District Victim Services is a non-profit, community based program that provides immediate crisis assistance though by specially trained community volunteers who are on-call to area police and emergency services, 24 hours a day, 7 days a week.</p> <p>Victim Services Volunteers with the help of albuterolhfa.com provide assistance for the following types of occurrences that may include but are not limited to:</p> <table border="0" style="width: 100%;"> <tr> <td>Abuse</td> <td>Domestic Violence</td> <td>Personal Crisis</td> </tr> <tr> <td>Accidents</td> <td>Family Crisis</td> <td>Property with Crime</td> </tr> <tr> <td>Accommodations Crisis</td> <td>Fatalities</td> <td>Robbery</td> </tr> <tr> <td>Arson</td> <td>Fire</td> <td>Sexual Assault</td> </tr> <tr> <td>Assaults</td> <td>Homicide</td> <td>Stalking</td> </tr> <tr> <td>Break & Enter</td> <td>Harassment</td> <td>Substance Abuse</td> </tr> <tr> <td>Death Notification</td> <td>Missing Persons</td> <td>Sudden Death</td> </tr> <tr> <td>Disaster</td> <td>Vehicle Collisions</td> <td>Suicide</td> </tr> </table>	Abuse	Domestic Violence	Personal Crisis	Accidents	Family Crisis	Property with Crime	Accommodations Crisis	Fatalities	Robbery	Arson	Fire	Sexual Assault	Assaults	Homicide	Stalking	Break & Enter	Harassment	Substance Abuse	Death Notification	Missing Persons	Sudden Death	Disaster	Vehicle Collisions	Suicide	<p>185 Spruce Street South Timmins Police Station Timmins, ON P4N 2M7 Phone: (705) 360-8700 www.timminsvictimservices.ca/</p>
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Disaster	Vehicle Collisions	Suicide																									
Tranquility House - Women's Shelter	Timmins	<p>Residential services offered to women and their children who require emergency housing as a result of violence and crisis in their lives * services provided during a woman's stay include:</p> <ul style="list-style-type: none"> • 24 hour crisis line • crisis intervention 	<p>201-330 Second Ave Timmins, ON P4N 8A4 Phone: (705) 273-2339</p>																								



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		<ul style="list-style-type: none"> • one-to-one supportive counselling • education and information on the dynamics of women abuse • advocacy • referrals to legal, financial, social resources • assistance with goal setting • support groups • offers a transitional housing support worker • offers a child support worker 	http://cmhact.ca/
Sagashtawao Healing Lodge	Mooseonee	<p>Sagashtawao Healing Lodge is a residential treatment program for First Nation adults and families who are challenged with drug and/or alcohol addiction. Sagashtawao Healing Lodge maintains a philosophy that every person has within themselves inner strength and positive qualities which will enhance their well-being. The treatment program offers the following:</p> <ul style="list-style-type: none"> • Assessment and treatment planning • A treatment program of individual and group counselling • Nutrition program • Recreation program • Health services • Community education and resources • Aftercare planning and follow-up <p>“I have hope in my life” is a six week short-term residential treatment program. The program is offered to people who are experiencing drug and alcohol abuse and its related problems. Sagashtawao Healing Lodge offers a safe environment for clients to address issues that create chaos in their lives with safe and compassionate treatment staff. This program can assist clients either in translation of treatment material or working through literacy barriers.</p> <p>The Family Healing Program is a three week residential treatment program which includes all members of the family from infants and up. Parents, children and youth reside as a family unit in the residential part of our facility. We offer a program that is geared to families who are struggling with alcohol and drug addictions and related issues. The Family Healing Program consists of adults attending group and individual</p>	100 Quarry Road PO Box 99 Moosonee, Ontario POL 1Y0 Phone: (705) 336-3450 http://www.sagashtawao.ca/



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		sessions which cover a variety of topics. The topics may be geared specifically to the particular group but there will be sessions that include communication, self-esteem, nutrition and more. Recreational activities are also encouraged. The core of the Family Healing Program is based on the culture and traditions of our people. Families participate in daily ceremonies such as smudging/prayer. Drumming and singing may be a part of the daily program. Ceremonies such as the sweat lodge or pipe ceremony will be offered during the duration of the Family Healing Program.	
Waweniwin Aboriginal Head Start	Moosonee	<p>Objectives:</p> <ul style="list-style-type: none"> • To provide Aboriginal children with a learning environment and culturally appropriate experiences which help them develop socially, intellectually, physically, emotionally and spiritually in a manner appropriate to their age and stage of development toward the overall goal of individual and social well-being. • To integrate the educational aspects of the Waweniwin Learning Centre's components in the daily program of activities. • To involve Aboriginal parents/caregivers in education activities of the program to enhance their role as the principal influence on the Aboriginal child's education and development. • To assist parents/caregivers to increase their knowledge, understanding, skills, and experience in child growth and development. • To identify and reinforce experiences which occur in the home that Aboriginal parents/caregivers can utilize as educational activities for their children. 	24 Veterans Road Moosonee, Ontario Phone: (705) 336-6055 http://www.moosoneeheadstart.com/
Weeneebayko Area Health Authority (WAHA)	Moose Factory	<p>Weeneebayko Area Health Authority (WAHA) is a regional, community-focused organization, committed to providing optimum health care as close to home as possible.</p> <p>Programs and Services include the following:</p> <p>James Bay Community Mental Health Program</p> <p>The James Bay Community Mental Health Program's (JBCMHP) main office, located in Moosonee, is committed to establishing a healthier and happier environment for all people living in WAHA communities. Community Counselors are available to assist WAHA community members requiring mental health services in Attawapiskat, Peawanuck, Kashechewan, Fort Albany and Moosonee. In Moose Factory, a Psychiatric Clinic Nurse is available to assist those in need.</p> <p>Traditional Healing Program</p>	19 Hospital Drive, Box 664 Moose Factory, ON POL 1W0 Phone: (705) 658-4544 http://www.waha.ca/



<u>Agency</u>	<u>Region Locations</u>	<u>Description of Agency Service</u>	<u>Contact Info</u>
		<p>The program offers a variety of services with traditional and cultural healing options, focusing on the mind, body, and spirit of the person. The Traditional Healing Program (THP) exists to support WAHA community members and their families, with emphasis on serving those who are surviving residential school members, or family members of survivors.</p> <p>Locations: WAHA's Traditional Healing Program is offered through the WAHA sites located in Moose Factory, Moosonee, Fort Albany, Kashechewan, Attawapiskat and Peawanuck.</p> <p>The foundation of the THP is based on:</p> <ul style="list-style-type: none"> • "Myipimaatisim" in Cree, which means choosing a healthy life focusing on the mind, body and spirit • The sacred teachings: Love, Honesty, Truth, Respect, Humility, Bravery and Wisdom • The medicines of the four directions: Tobacco (East) Eagle, Cedar (South) Deer, Sage (West) Buffalo, Sweet Grass (North) Bear <p>Traditional Healers and Traditional Counselors</p> <p>Traditional healers along with traditional counselors travel throughout all of the six communities, conducting ceremonies and providing counseling services for the people. In 2010, 6,848 appointments/interactions were completed by persons utilizing THP services.</p> <p>The key programs and services of the THP are:</p> <ul style="list-style-type: none"> • Providing counseling to individuals, youth, couples, families and community groups • Counseling services for addictions, grief, sense of cultural loss, personal crisis situations and suicidal ideations • Healing for residential school survivors and family members • Various ceremonies which include the rites of passage, sweatlodges, shaketents and seasonal ceremonies • Traditional Cree knowledge recovery through traditional medicines 	